



# ALBERTA FIELD HOCKEY ASSOCIATION

2023 AGM Report

Sajan Jabbal – Executive Director

# 2023 HIGHLIGHTS



## Regional Development

Calgary Junior  
Calgary Summer  
Camp  
Red Deer Program  
Edmonton Camps  
Nationals

## Schools

8 Calgary School  
Programs  
6 Edmonton  
School Programs  
5 Red Deer School  
Programs

## Coaching/Umpiring

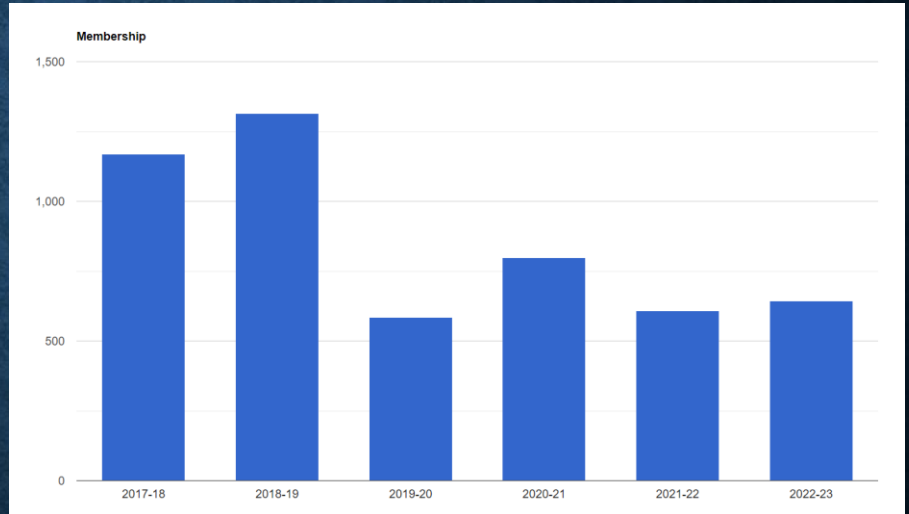
Hosted NCCP Comp intro  
course  
Hosted parent –  
community coaching  
course  
2 Community Umpire  
courses

## Events

2 Junior Festivals  
Masters Festival  
4 Try it Frees  
Representing  
Alberta/Canada

# MEMBERSHIP 2022-23

FHA Membership Numbers	
Year	Total Members
2017-18	1169
2018-19	1315
2019-20	585
2020-21	798
2021-22	608
2022-23	644



Although we are beginning to trend upwards again in 2022/23 Membership was lower this year due to several factors:

- Continued recovery from Covid-19
- Several staff and board member changes
- Lack of staff support

# REGIONAL DEVELOPMENT



Calgary Junior Programs



Red Deer Programs



Edmonton  
Schools/Summer Camps

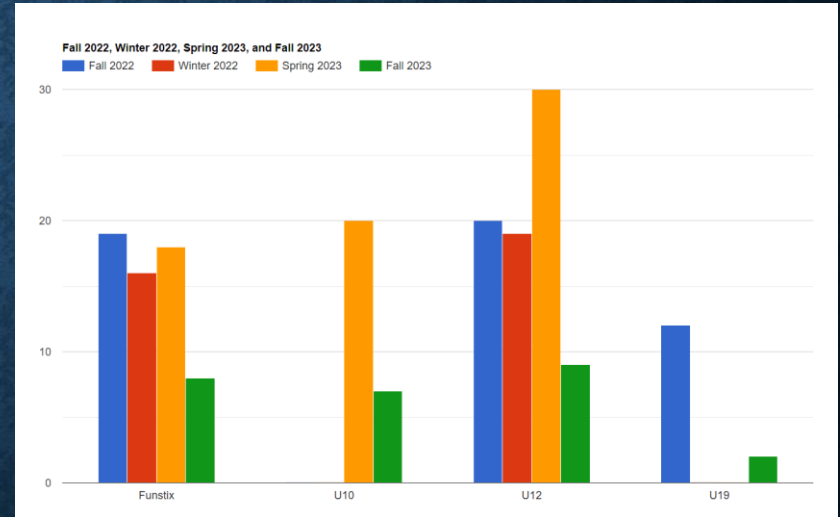
# CALGARY JUNIOR FIELD HOCKEY 2022 - 2023

Fall 2022	
Age Group	
Funstix	19
U12 Co-ed	20
U19	12
<b>Total</b>	<b>51</b>

Spring 2023	
Age Group	
Funstix	18
U10 Co-ed	20
U12 Co-ed	30
<b>Total</b>	<b>68</b>

Winter 2022	
Age Group	
Funstix	16
U12 Co-ed	19
<b>Total</b>	<b>35</b>

Fall 2023	
Age Group	
Funstix	8
U10 Co-ed	7
U12 Co-ed	9
U19	2
<b>Total</b>	<b>26</b>



Thanks to all the hard work from Shelley V, the Junior Committee & the FHA Admin team

# RED DEER 2023

Hired a Calgary Based Red Deer Summer student **Avery Vadnai**, highlights:

- Ran a successful festival in Lacombe (head contact on site)
- Organized and ran a booth at the Xplore Sport Day in Red Deer
- Made contact with several camps
- Had Storm players at every festival & supported the coaches who ran the program (Heidi and Ryan)
- Was a great help for our last festival in July
- Ran 4 successful school programs in Red Deer Supported Calgary and outskirts students with local programs and festivals

Red Deer School Programs	Date	Ages	# of kids(under 18)
R.D. Sport Fit Academy	June 1-8	11-15	102
Fairview Elementary	May 23-26	5-11	125
Aspen Heights	June 13-15	5-11	208
Gateway Christian	June 2	9-15	159
<b>Coached by Avery</b>	<b>Total</b>		<b>584</b>

Red Deer Programs	
Spring	
U8	1
U12	7
U18	4
Total	12





# EDMONTON 2023

Hired an Edmonton Summer student **Prabhtej Gharial**, highlights:

- Made contact with several camps
- Cleaned and organized our Edmonton office
- Successfully got Edmonton athletes to participate in the Calgary Junior Festival – first time in a few years
- Supported the Lacombe and Calgary festivals
- Ran over 20 Try it Free events in Edmonton
- Ran 6 successful school programs in Edmonton
- Supported Calgary and outskirts students with local programs and festivals
- Helped to restore relationships with Edmonton Field Hockey and Field Hockey Alberta

Edmonton School Programs	Date	Ages	# of kids(under 18)
Beacon Heights	June 2/16/19	Grade 1-6	113
E2 Academy	June 14/21	9-18	15
Centre for Learning at Home	May 23	Grade 4-12	23
Johnny Bright	May 15/17/19/29 June 1/8/15	Grade 3-5	154
Donnan Sport Fit	May 17/19/29/31	Grade 3-6	100
Vimy Ridge Sport Fit	June 5/7/14	Grade 1-6	70
<b>Coached by Prabhtej</b>	<b>Total</b>		<b>475</b>

Edmonton Summer Camps	Date	Ages	# of Kids
YMCA Camp	Aug 4, 2023	11-16	80
YMCA Camp	Aug 11, 2023	11-16	80
YEG Summer Camp	Aug 10, 2023	10-17	90

# ALBERTA PROVINCIAL TEAMS - NATIONALS 2023 - BRAMPTON ONT

U18 Boys – 3<sup>rd</sup> Place (Bronze)



U18 Girls – 5<sup>th</sup> Place



U16 Girls – 3<sup>rd</sup> Place (Bronze)



Thank you to our Coaches  
**Said/Kevin** (U18 Boys),  
**Laura/Maddy** (U18 Girls)  
**Nick/Jordan** (U16 Girls)

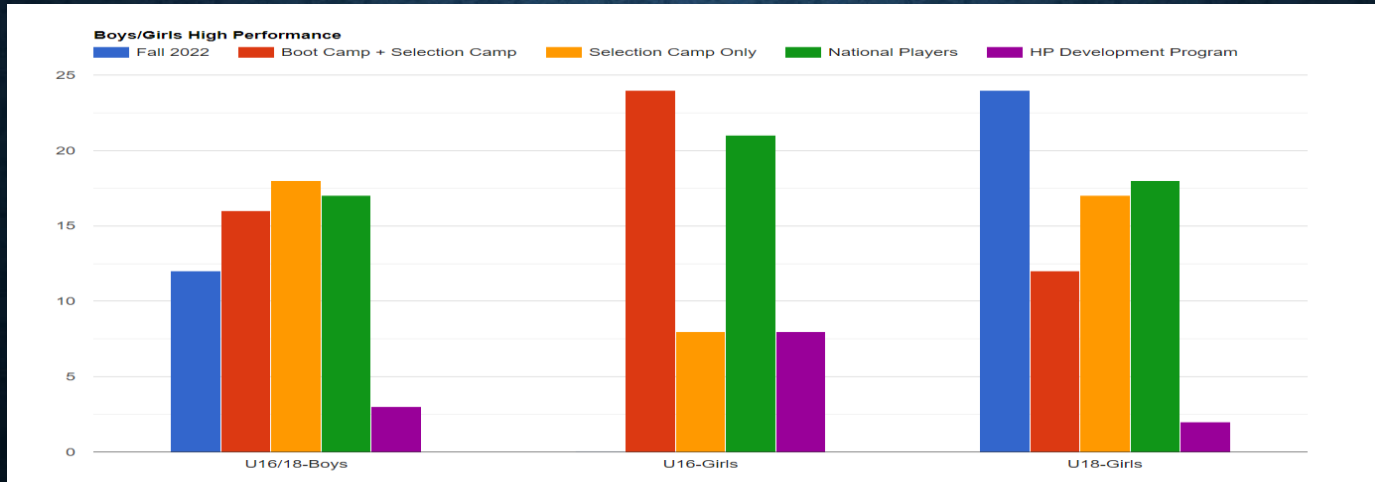
Thank you to our Managers  
**Manvir** (U18 Boys),  
**Jory** (U18 Girls)  
**Jennie** (U16 Girls)

Also a HUGE thank you to **Avery Vadnai, Sajan Jabbal**, and the **High Performance Committee** who booked all the teams flights, accommodations, transportation & everything else that came up!



# PROVINCIAL PROGRAMS 2023

Provincial/High Performance Players					
Age Group	Fall 2022	Boot Camp + Selection Camp	Selection Camp only	National Players	HP Development Program
U18/16 Boys	12	16	18	17	3
U16 Girls	See U18	24	8	21	8
U18 Girls	24	12	17	18	2
Total	36	52	43	56	13



# SCHOOLS 2023

Calgary Schools			
School	Date	Ages	# of Kids (Under 18)
Central Memorial High School	May 1-4	Grade 10-12	50
Bearspaw School	May 15-16	Grade 1-6	312
Calgary Waldorf	May 16-18	Grade 7-9	74
FFCA High School	May 19	Teachers	4
Hamptons School	May 23-26	Grade K-4	198
St. Gianna School	May 24-26	Grade 3-6	270
Calgary Academy	May 29-01	Grade 4-10	326
Northpoint School	June 6-8	Grade 4-7	82
Alexander Ferguson	June 13-15	Grade 1-6	201
Coached By Olivia, Sophie, Grant		Total	<b>1,517</b>

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Gateway Christian	June 2	9-15	159
<b>Coached by Avery</b>	<b>Total</b>		<b>584</b>

A HUGE thanks to Phil Hignell, School Program Coordinator, who organized and scheduled all of our school programs!

# SUMMER CAMPS

Edmonton Summer Camps	Date	Ages	# of Kids
YMCA Camp	Aug 4, 2023	11-16	80
YMCA Camp	Aug 11, 2023	11-16	80
YEG Summer Camp	Aug 10, 2023	10-17	90

Field Hockey Alberta Summer Camp	Date	Ages	# of Kids
Summer Camp Week 1	July 17-21	9-15	9
Summer Camp Week 2	August 8-11	9-15	8



- First year hosting an FHA Summer Camp
- Although numbers were low – the kids and coaches had an amazing time
- Thank you to our summer students who stepped up in coaching the camps
- Thank you to Shelley for all her hard work in organizing and with the practice plans
- We know what we need to do to make next years camp bigger and better!
- <https://www.tiktok.com/@fieldhockeyalbert/video/7258369486531628293>

# COACHING/UMPIRING

Hosted a Comp intro  
Coaching course From June  
15-17

Hosted a Community  
Coaching Course on May 11

Hosted many umpiring  
courses throughout the  
spring/summer at all levels,  
Thank you to Dennis  
Zaccagnini, Tony and Wendy  
Stewart, and Shelley  
Anderson for hosting and  
organizing all of the coaching  
and umpiring workshops!

### WHAT

If you are 13+ years old, you can become a certified Field Hockey Canada Community umpire!

### BENEFITS:

- Learn a new skill
- Enjoy a different side of hockey
- Become a better player by learning the rules
- Practice decision making, communication & leadership
- Build your resume
- Earn money and have fun!

### THE STEPS

1. Take online course and pass the final quiz
2. Attend the practical in person
3. Practice
  - shadow a certified umpire
  - umpire with an umpire coach
  - umpire by yourself
4. Pass one field assessment within one year
5. Keep umpiring, frequently having feedback from an umpire coach

### OPPORTUNITIES

As an FHC Community umpire, you can umpire:

- CJFH Leagues (Spring and Fall)
- Festivals and Tournaments
- CLFHA High School Tournament

*and, once you have more experience:*

- CLFHA (ladies' league games)
- FHAC (men's league games)

### THE DETAILS

#### UMPIRE PAY:

-The average rate is \$20-30 per game; some leagues/tournaments pay more/less.  
-Once you're certified, you get paid for the games you umpired retroactive to the beginning of that season.

#### UMPIRING LEVELS:

Community is the first step on the umpiring ladder! Learn more about the steps here!

#### COURSE DATES

##### ONLINE:

\*To be completed before May 14th\*

Cost: \$30  
Register: Go to <https://www.fieldhockeybc.ca/fhbc/courses.php/> and select: New to This System: FH Alberta option from the menu.  
Quiz: A grade of at least 75% is needed to pass.

##### PRACTICAL: IN PERSON:

Date: Sunday, May 14, 2023 1:15-2:15pm  
Location: Meet at University of Calgary  
Hawkings Field  
Facilitator: Tony Stewart  
Cost: \$25 including cards and whistle  
Register: Go to [fieldhockey.ab.ca](http://fieldhockey.ab.ca) and select:  
Register Now - Official Registration -  
OUTDOOR Community Umpire.



## COMP INTRO COACHING COURSE

**COST:** \$50

**JUNE 15:** 5-8PM @FHA OFFICE

**JUNE 16:** 5-8PM @FHA OFFICE

**JUNE 17:** 9AM-12PM @FHA OFFICE

**JUNE 17:** 1-4PM @UOFC HAWKINGS FIELD

Register now! →



**Requirements:** NCCP number Multisport courses:  
MED, SafeSport, EAP, Planning a Practice, and  
Teaching and Learning

Questions?

Contact Shelley Anderson at:

[league@fieldhockey.ab.ca](mailto:league@fieldhockey.ab.ca)



# EVENTS



# CJFH – LACOMBE FESTIVAL

**Lacombe Festival - May 28th**

**Teams: Over 200 Athletes**

**Host: Grant Simpson and Avery Vadnai**

## *Highlights:*

- Thank you to MEGlobal for being wonderful hosts
- Volunteer face painters that were enjoyed by funstix athletes
- Had a sale of old FHA gear, was a hit
- Athletes from Calgary and Red Deer
- Amazing Taco's in a bag for athletes and volunteers
- Funstix loved the parent/kid game
- Most sporsmanlike award
- Heart and hustle award
- Amazing job to all of our summer students



A HUGE thanks to Shelley Anderson, Leagues Coordinator, who supported all our summer students with their hosting responsibilities!

# CALGARY STAMPEDE BREAKFAST + YEAR END FESTIVAL

Calgary Festival - July 8th

Teams: over 175 athletes in attendance

Host: Sophie Anderson, Olivia Zaccagnini

- Started the morning off with a Stampede breakfast hosted by Avery
- Over 6 bags of pancakes served
- Over 300 sausages served
- Thank you to all the staff and volunteers who helped with the breakfast
- Tooney stick, lolly pull and door prizes including Indian maharaja basket donation.
- secured water donations from Alberta Springs.
- Used turf and rugby field
- Ice Cream truck was very popular
- A team of U10 players arrived from Edmonton
- Both Edmonton and Red Deer players participated
- The kids loved the owl mascot
- Fun skills competition ran by HP athletes
- Ran a Junior umpiring program during the festival
- Certified 10 umpires from the CJP Program
- 7 more in training
- Big thanks to Dennis, Tony, Sandra and Shelley!



A HUGE thanks to Shelley Anderson, Leagues Coordinator, who supported all our summer students with their hosting responsibilities!



# TRY IT FREES

Field Hockey Alberta worked with Sport Calgary to put on 2 amazing events at three different locations! The first event, held on June 17<sup>th</sup> was located at both at Marlborough Park and Optimist Athletic Park. The second event was located at the Cardel Rec South Centre on August 9<sup>th</sup>! Thank you to our amazing summer students for running these Try it Frees!



sport  
calgary

# CANADA DAY MASTERS FESTIVAL - JUNE 23-25

105 Players attended  
\$5,850 in Sponsorship  
1 Social event  
A DJ & Athletic therapist  
HP teams participated with a  
bake sale and BBQ

Huge **THANK YOU** to  
Lori Gaffney (organizer)  
Paul Jacobs (beer supplier)  
HP Teams (Food)  
And all the volunteers who  
supported this 3 day  
tournament

**Men's Winner: United FHC**  
**Women's Winner: Monsters**  
**Inc.**



# INDOOR PAN-AMERICAN CHAMPIONSHIP

**Host City & Venue:** Calgary, Alberta, has been selected as the official host city for the 2024 Indoor Pan American Championships. The tournament will be held at the 7 Chiefs Sportsplex.

**Tournament Dates:** The women's and men's tournaments will take place simultaneously from March 18 to March 22, 2024.

**Canada's Last Hosting:** Canada last hosted the Indoor Pan American Championships in 2005 in Waterloo, Ontario. This is the first time that an event like this is being held in Calgary.

**Field Hockey Canada's Hosting Strategy:** This event is part of Field Hockey Canada's hosting strategy, which also includes the 2024 Junior Pan American Championships in Surrey, BC, scheduled for the early summer of 2024.

**Indoor World Cup Qualifier:** The tournament will serve as a qualifier for the Indoor Hockey World Cup. The number of teams advancing from the Pan Americas in the women's and men's divisions will be determined by the FIH.

**Canada's Recent Performance:** Canada's men's team last qualified for the Indoor World Cup in 2015, while the women's team achieved a record eighth-place finish at the 2023 FIH Indoor World Cup in South Africa.

**Collaborative Hosting:** The 2024 Indoor Pan American Championships will be collaboratively hosted by Field Hockey Canada, the Pan American Hockey Federation, and Field Hockey Alberta.

**Acknowledgments:** Field Hockey Canada extended thanks to various parties involved in making the tournament possible, including Field Hockey Alberta, the local organizing committee, Calgary's sports community, partners, sponsors, and supporters.

# ALBERTA ATHLETE'S ABROAD

**Mel Scholz** – Womens National Team  
**Grant Simpson** – Junior World Cup/Junior Panams  
**Gaurav Ghai** – Junior World Cup/Junior Panams  
**Wendy Stewart** – Umpiring Manager: Panam Games  
**Madeleine Skeans** – U18 Womens Canam Squad  
**Tanvir Gill** – U18 Men's Canam Squad  
**Tom Weller**– U18 Men's Canam Squad

International Den Bosch Tournament – Netherlands  
Assistant Coach – **Jenn Swagar**

**Kristen Nyrose**  
**Maia McGillivray**  
**Mary Yang**  
**Nina Khalfan**  
**Olivia Deters**  
**Victoria Zaccagnini**



# FHA IS ON TIKTOK!!

Thank you to our Calgary Summer Students, Sophie Anderson and Olivia Zaccagnini for their amazing work on our TikTok account! Here are some highlights:

<https://www.tiktok.com/@fieldhockeyalbert/video/7270221843636702469>

- Views: 306 Thousand
- Likes: 48 Thousand
- Comments: 867
- Favourites: 2102

<https://www.tiktok.com/@fieldhockeyalbert/video/7258671708859600133>

- Views: 381 Thousand
- Likes: 51 Thousand
- Comments: 358
- Favourites: 3348

<https://www.tiktok.com/@fieldhockeyalbert/video/7259582649860099333>

- Views: 54 Thousand
- Likes: 5812
- Comments: 30
- Favourites: 358

# 2022 - 2023

## FHA FUTURE

#1 Priority: Membership, Membership, Memberships (Grow our Numbers)  
– We need the numbers back up to support everything we do!

#2 Priority: Regional Development: With our work in Edmonton and Red Deer starting to pay off, It's time to reach out to other zones! This year we will look to tackle Grande Prairie, Lethbridge, and Fort Macleod, while still supporting programs in Edmonton and Red Deer

#3 Priority: Coaching/Umpiring Development – Thank you to all of the Coache/Umpire organizers for their hard work. We have made many great strides for improvement, but we can always do more and do better!